

PE Long Term Plan 2019

Cycle A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 -2	Create Unit 6 Activities leading to Games <i>Get Set Send + Receive</i>	Create Unit 3 Activities leading to Gym <i>Get Set Fundamentals</i>	Create Unit 1 Activities leading to Gym <i>Get Set Gym</i>	Create Unit 2 Activities leading to dance <i>Get Set Dance</i>	Create Unit 4 Activities leading to Games <i>Get Set Ball Skills</i>	Create Unit 5 Running, throwing and jumping <i>Get Set Athletics</i>
Year 3-4	Create Unit 5 Developing skills and knowledge in relation to net and wall games <i>Get Set Tennis</i>	Create Unit 1 Developing skills and knowledge in relation to dance <i>Get Set Y3 Dance</i>	Create Unit 2 Developing skills and knowledge in relation to gym <i>Get Set Y3 Gym</i>	Create Unit 4 Developing skills and knowledge in relation to OAA (orienteering)	Create Unit 6 Developing skills and knowledge in relation to invasion games <i>Get Set Basketball</i>	Create Unit 3 Developing skills and knowledge in relation to athletics <i>Get Set Athletics</i>
Year 5	Create Unit 1 Net and Wall <i>Get Set Tennis</i>	Create Unit 2 Invasion Games <i>Get Set Dodgeball / Hockey</i>	Create Unit 4 Gymnastics <i>Get Set Gym</i>	Create Unit 5 Dance <i>Get Set Dance</i>	Create Unit 6 Striking and Fielding <i>Get Set Rounders</i>	Create Unit 3 <i>Get Set</i>
Year 6	Create Unit 1 Net and Wall <i>Get Set Volley</i>	Create Unit 2 Invasion Games <i>Get Set Tag Rugby</i>	Create Unit 4 Gymnastics <i>Get Set Gym</i>	Create Unit 5 Dance <i>Get Set Dance</i>	Create Unit 6 Striking and Fielding <i>Get Set Cricket</i>	Create Unit 3 Athletics <i>Get Set Athletics</i>

Cycle B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 -2	Create Unit 6 Activities leading to Games <i>Get Set Invasion Games</i>	Create Unit 3 Activities leading to Gym <i>Get Set Gym</i>	Create Unit 1 Activities leading to Gym <i>Get Set Gym</i>	Create Unit 2 Activities leading to dance <i>Get Set Dance</i>	Create Unit 4 Activities leading to Games <i>Get Set Strike and Field</i>	Create Unit 5 Running, throwing and jumping <i>Get Set Athletics</i>
Year 3-4	Create Unit 5 Developing skills and knowledge in relation to net and wall games <i>Get Set Tennis</i>	Create Unit 1 Developing skills and knowledge in relation to dance <i>Get Set Dance</i>	Create Unit 2 Developing skills and knowledge in relation to gym <i>Get Set Gym</i>	Create Unit 4 Developing skills and knowledge in relation to OAA (orienteering)	Create Unit 6 Developing skills and knowledge in relation to invasion games <i>Get Set Netball</i>	Create Unit 3 Developing skills and knowledge in relation to athletics <i>Get Set Athletics</i>
Year 5	Create Unit 1 Net and Wall <i>Get Set Tennis</i>	Create Unit 2 Invasion Games <i>Get Set Dodgeball / Hockey</i>	Create Unit 4 Gymnastics <i>Get Set Gym</i>	Create Unit 5 Dance <i>Get Set Dance</i>	Create Unit 6 Striking and Fielding <i>Get Set Rounders</i>	Create Unit 3 <i>Get Set</i>
Year 6	Create Unit 1 Net and Wall <i>Get Set Volley</i>	Create Unit 2 Invasion Games <i>Get Set Tag Rugby</i>	Create Unit 4 Gymnastics Get Set Gym	Create Unit 5 Dance <i>Get Set Dance</i>	Create Unit 6 Striking and Fielding <i>Get Set Cricket</i>	Create Unit 3 Athletics <i>Get Set Athletics</i>